



Exercise, toys, fun, activities

LCHS offers a variety of 6 week dog classes for \$85! Once you have advanced to the Intermediate class, your dog could join the “Fun and Games” class that introduce agility, rally, and other fun dog sports! You can sign up at the front desk!

Puppies aged 9 weeks to 7 months can partake in Saturday’s free puppy playtime at LCHS, hosted by Gayle, our resident dog class instructor! This is an opportunity to meet new people, smell new things, and socialize with other puppies!



There are lots of fun things you can do *at home* with your dog or puppy to keep them stimulated and having fun!

- Treats or pieces of fruit can be floated in water bowls, and DIY puzzle toys can be stimulating for hours. Freeze treats or toys in a bowl of water for a refreshing ice toy! Kongs can be stuffed with food or treats and sealed with spray cheese or peanut butter and then frozen for added fun.
- Multiple daily walks, the opportunity to run free in a large enclosed area, baby pools and sprinklers in the summer offer a break from the heat.
- Digging is normal dog behavior, so some families use an old child’s sandbox filled with sand or dirt as digging!

Cats enjoy positive stimulation too!

- Bird feeders, reflective wind chimes, aquariums provide hours of visual stimulation!
- Dabbing fish oil around your home (or hiding treats here and there), catnip, scratching posts/boards can also keep a cat busy (mentally AND physically) for most of the day.
- Many cat owners spend hundreds of dollars on fancy toys, only to have their cat spend all day playing in the box in came in! They love to sit and hide in boxes, and pretend pounce on anything that walks by!

